



JBLFMU RESEARCH REVIEW

Volume XXVI

July 2016

INSTITUTIONAL GROWTH IN RESEARCH: COPING WITH REGULATORY REQUIREMENTS AND STANDARDS

Emeliza T. Estimo, Geneveve M. Aguilar, and Luis G. Evidente

SAFE WORKING PRACTICES, HEALTH AND EMPLOYMENT POLICIES, AND ENVIRONMENT POLLUTION AWARENESS OF SEAFARERS IN ILOILO CITY

Isidro E. Estremadura and Ma. Corazon S. Navallasca

BACHELOR OF SCIENCE IN CUSTOM ADMINISTRATION GRADUATES THROUGH THE YEARS (A TRACER STUDY)

Karenina P. Depaymalo

THE EFFECTIVENESS OF THE CONSTRUCTIVIST APPROACH ON COMPONENTS OF PHYSICS PERFORMANCE OF BSMT STUDENTS OF JBLFMU-AREVALO

Ma. Corazon S. Navallasca

THE ALUMNI AS AN INTEGRAL UNIT OF THE INSTITUTION: A TRACER STUDY

Emeliza T. Estimo and Geneveve M. Aguilar

MOBILE LEARNING MATERIALS FOR ANDROID DEVICES

Ireen M. Dionio, Rex P. Flejoles, and Florence D. Taburda

BREAST SELF-EXAMINATION: AWARENESS AND PRACTICE AMONG FEMALE STUDENTS AT JOHN B. LACSON FOUNDATION MARITIME UNIVERSITY, ILOILO CITY

Betty T. Polido

CONTENTS

	Page
Editor's Note <i>by Melchor M. Magramo</i>	vi
Institutional Growth in Research: Coping with Regulatory Requirements and Standards <i>by Emeliza T. Estimo Geneveve M. Aguilar Luis G. Evidente</i>	1
Safe Working Practices, Health and Employment Policies, and Environmental Pollution Awareness of Seafarers in Iloilo City <i>by Isidro E. Estremadura Ma. Corazon S. Navallasca</i>	30
Bachelor of Science in Custom Administration Graduates Through the Years (A Tracer Study) <i>by Karenina P. Depamaylo</i>	50
The Effectiveness of the Constructivist Approach on Components of Physics Performance of BSMT Students of JBLFMU – Arevalo <i>by Ma. Corazon S. Navallasca</i>	73
The Alumni as an Integral Unit of the Institution: A Tracer Study <i>by Emeliza T. Estimo Geneveve M. Aguilar</i>	98

- 175 **Referees**
- 174 **Contributors**
- 143 **Breast Self-Examination: Awareness and Practice among
Female Students at John B. Lacson Foundation Maritime
University, Iloilo City**
by Betty T. Polido
- 131 **Mobile Learning Materials for Android Devices**
*by Ireen M. Dionio
Rex P. Elejales
Florence D. Taburda*